List of Time Zones

Dateline Standard Time

UTC-11

Aleutian Standard Time

Hawaiian Standard Time

Marquesas Standard Time

Alaskan Standard Time

UTC-09

Pacific Standard Time (Mexico)

UTC-08

Pacific Standard Time

US Mountain Standard Time

Mountain Standard Time (Mexico)

Mountain Standard Time

Central America Standard Time

Central Standard Time

Easter Island Standard Time

Central Standard Time (Mexico)

Canada Central Standard Time

SA Pacific Standard Time

Eastern Standard Time (Mexico)

Eastern Standard Time

Haiti Standard Time

Cuba Standard Time

US Eastern Standard Time

Paraguay Standard Time

Atlantic Standard Time

Venezuela Standard Time

Central Brazilian Standard Time

SA Western Standard Time

Pacific SA Standard Time

Turks And Caicos Standard Time

Newfoundland Standard Time

Tocantins Standard Time

E. South America Standard Time

SA Eastern Standard Time

Argentina Standard Time

Greenland Standard Time

Montevideo Standard Time

Magallanes Standard Time

Saint Pierre Standard Time

Bahia Standard Time

UTC-02

Mid-Atlantic Standard Time

Azores Standard Time

Cape Verde Standard Time

UTC

Morocco Standard Time

GMT Standard Time

Greenwich Standard Time

W. Europe Standard Time

Central Europe Standard Time

Romance Standard Time

Central European Standard Time

W. Central Africa Standard Time

Namibia Standard Time

Jordan Standard Time

GTB Standard Time

Middle East Standard Time

Egypt Standard Time

E. Europe Standard Time

Syria Standard Time

West Bank Standard Time

South Africa Standard Time

FLE Standard Time

Israel Standard Time

Kaliningrad Standard Time

Libya Standard Time

Arabic Standard Time

Turkey Standard Time

Arab Standard Time

Belarus Standard Time

Russian Standard Time

E. Africa Standard Time

Iran Standard Time

Arabian Standard Time

Astrakhan Standard Time

Azerbaijan Standard Time

Russia Time Zone 3

Mauritius Standard Time

Saratov Standard Time

Georgian Standard Time

Caucasus Standard Time

Afghanistan Standard Time

West Asia Standard Time

Ekaterinburg Standard Time

Pakistan Standard Time

India Standard Time

Sri Lanka Standard Time

Nepal Standard Time

Central Asia Standard Time

Bangladesh Standard Time

Omsk Standard Time

Myanmar Standard Time

SE Asia Standard Time

Altai Standard Time

W. Mongolia Standard Time

North Asia Standard Time

N. Central Asia Standard Time

Tomsk Standard Time

China Standard Time

North Asia East Standard Time

Singapore Standard Time

W. Australia Standard Time

Taipei Standard Time

Ulaanbaatar Standard Time

North Korea Standard Time

Aus Central W. Standard Time

Transbaikal Standard Time

Tokyo Standard Time

Korea Standard Time

Yakutsk Standard Time

Cen. Australia Standard Time

AUS Central Standard Time

E. Australia Standard Time

AUS Eastern Standard Time

West Pacific Standard Time

Tasmania Standard Time

Vladivostok Standard Time

Lord Howe Standard Time

Bougainville Standard Time

Russia Time Zone 10

Magadan Standard Time

Norfolk Standard Time

Sakhalin Standard Time

Central Pacific Standard Time

Russia Time Zone 11

New Zealand Standard Time

UTC+12

Fiji Standard Time

Kamchatka Standard Time

Chatham Islands Standard Time

UTC+13

Tonga Standard Time

Samoa Standard Time

Line Islands Standard Time